

PHRF - 2025

EASTERN CONNECTICUT & EASTERN LONG ISLAND

ECSA & ELIYA Racing Sailors!

Welcome to the 2025 race season! After a chilly winter, we're all eager to hit the water. Please take a moment to read the 2025 PHRF Regulations and pay special attention to the highlighted sections that contain new or updated information. Here are some key updates you need to be aware of:

Any changes or replacements of Rated Sails, not previously reported MUST have documented sail measurement certificates before they can be used in ECSA/ELIYA events. Rated Sails include your largest Symmetrical, Asymmetrical, Code Zero Spinnakers, Mainsail, Headsails, and Free-Flying Headsails. Ask your handicapper if you are unsure about which sails require measurement certificates.

One Design: the definition and guidelines for One-Design-rated boats have been updated for 2025.

Random Leg Handicap Ratings: Base-boat ratings for Spinnaker Class boats now include two ratings: one for windward/leeward and another for random leg courses. See **Section XIV** for details.

Headsails will now be rated by a modified formula: If the mid-girth (**HHW**) of the rated sail exceeds 50% of the Luff Perpendicular (**LP**), the sail will be rated by the formula: **Rated LP = $(2*HHW)/J*100$** .

Pole Flown/Deck-Tacked Asymmetric Spinnakers: boats without sprits may fly Asymmetric Spinnakers from a spinnaker pole or deck-tacked interchangeably, without penalty.

Non-Spinnaker speed % adjustment: compensate for differences in how the standard handicap adjustments affect slow boats compared with fast boats as a percentage of speed.

APPLICATION PROCESS (New this year):

To get a handicap certificate, simply log onto the ECSA or ELIYA website

For ECSA, click on “**Join**” at the top of the page.

For ELIYA, click on the “**PHRF Form & Lookup**” line in the PHRF section on the right side.

For all, your email address is your username and you will need to create a password. If you do not have a prior handicap certificate, you must provide contact information as well as boat hull, rig, and sail measurements. Measurement certificates for rated sails are available from your sailmaker and are required for all new rated sails.

If you qualify for Recreational Credits, have Foils or water Ballast, made Modifications, or noted any changes from the previous year's data, you will be taken to the data page where you can provide the required information. If there are no changes from the previous year, you can import the prior year's data which will be submitted for your 2025 certificate. If your boat qualifies for the roller furler credit, you must select that option in Section 7 of the input data sheet, even if there are no other changes from the previous year.

After you make payment, you will receive an e-mail confirming your application has been received, notifying you that your handicapper will be in touch with you within the next ten days. Once the handicapping procedure is complete, you will be notified by e-mail, and you will be able to log onto the ECSA or ELIYA website to “Lookup” and save or print a copy of your 2025 Rating Certificate.

QUESTIONS? If there are any questions, please refer to the **2025 PHRF Regulations** on the website for clarification. Alternatively, you may contact any one of the PHRF handicappers.

We wish you fun and success this season!
PHRF of Eastern Connecticut / Eastern Long Island